Monthly Literacy Enrichment Activity

- 1. Have your child create a menu for your family for one week. Organize your menu by day and by meal. You can use the chart on the next page or create your own.
- 2. After creating the weekly menu, have your child make a grocery list of things you will need to purchase for this week's meals.
- 3. Provide your child with a weekly ad from the local grocery store and have them circle items from the list that are on sale this week.
- 4. Go to the grocery store and work together to find the items on the list. Take a pencil so that your child can mark things off as you place them in the cart.

Week of:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast:						
Lunch:						
Dinner:						
Snacks:						

Monthly Literacy Enrichment Activity

Kindergarten

- 1. Provide your child with a weekly ad from the local grocery store and have them circle items they would like for you to purchase.
- 2. Have your child create a list of the items they have circled from the weekly grocery store ad.
- 3. Go to the grocery store and work together to find the items on the list. Take a pencil so that your child can mark things off as you place them in the cart.